

WA STATE RESPITE PROGRAM OPTIONS

	Name of Program	Eligibility	Funding and Costs	More Information/Contact
Lifespan Respite Washington	Lifespan Respite Washington (adults)	<p>Unpaid caregiver who provides 40+ hours/week of care, support.</p> <p>Caregiver or the person cared for is not enrolled in a respite or Medicaid personal care program.</p> <p>Care is provided to someone with a qualifying special need.</p> <p>18 years of age or older and needs care/supervision to:</p> <ul style="list-style-type: none"> - Meet basic needs; - Prevent physical self-injury or injury to others; or - Avoid placement in an out-of-home, long-term care setting. 	<p>Funding Source: Grant</p> <p>Funding Amount: Limited to \$1,000</p> <p>Cost to Participate: N/A</p>	<p>Application</p> <p>Contact: Linda Porter Phone: 425-740-3788 Email: lporter@wapave.org</p>
	Lifespan Respite Washington (children)	<p>Unpaid caregiver who provides 40+ hours/week of care, support.</p> <p>Caregiver or the person cared for is not enrolled in a respite or Medicaid personal care program.</p> <p>Care is provided to someone with a qualifying special need.</p> <p>Less than 18 years of age who requires care/supervision beyond what is typically required to:</p> <ul style="list-style-type: none"> - Meet basic needs; or - Prevent physical self-injury or injury to others 	<p>Funding Source: Grant</p> <p>Funding Amount: Limited to \$1,000 per qualifying child</p> <p>Cost to Participate: N/A</p>	<p>Application</p> <p>Contact: Linda Porter Phone: 425-740-3788 Email: lporter@wapave.org</p>
Developmental Disabilities Administration	Overnight Planned Respite	DDA enrolled individual who is at least 18 years of age or older. The individual must live in the family home or with a non-paid caregiver.	<p>Funding Source: State Dollars</p> <p>Funding Amount: Up to 14 days per calendar year</p> <p>Cost to Participate: N/A</p>	<p>Participation does not impact assessed DDA waiver respite amounts.</p> <p>Contact: Local DDA Office and/or your assigned Case/Resource Manager</p>
	Dedicated Respite	DDA enrolled individual who is 18 years of age and younger or between the ages of 18-20 and still in school. The individual must live in the family home or with a non-paid caregiver.	<p>Funding Source: Regional DDA Budgets</p> <p>Funding Amount: Varies depending on Region</p> <p>Cost to Participate: N/A</p>	<p>Participation does not impact assessed DDA waiver respite amounts.</p> <p>The service is only available in Regions 2 and 3.</p> <p>Contact: Local DDA Office and/or your assigned Case/Resource Manager</p>

Developmental Disabilities Administration	Enhanced Respite Services	DDA enrolled individual who is at high risk of institutionalization or out-of-home placement. Parents/primary caregivers must demonstrate that all other appropriate services have been accessed and there continues to be an unmet need.	Funding Source: State Dollars Funding Amount: Up to 30 days per calendar year Cost to Participate: N/A	<p>There are seven beds available for this service throughout the state.</p> <p>Contact: Local DDA Office and/or your assigned Case/Resource Manager</p>
	DDA Home and Community Based Services Waivers	<p>DDA enrolled individual who has been assessed as meeting ICF/IID Level of Care and has been approved for a waiver program (Basic Plus, Core, CIIBS, or IFS).</p> <p>Respite is available to primary care providers who are:</p> <ul style="list-style-type: none"> - Family members; or - Nonfamily members who are not paid to provider care; or - Contracted companion home providers paid by DDA to support an individual; or - Licensed children’s foster home providers paid by DDA to support an individual 	Funding Source: Waiver Funding Amount: IFS: annual allocation ranges from \$1,200-\$3,600. The cost of respite, and any other services, are deducted from this allocation Basic Plus, Core, CIIBS: assessed respite hours may be 240, 336, 432, or 528 hours per plan year. Cost to Participate: Individuals must have financial eligibility for waiver services	<p>How do I apply to be a client of DDA?</p> <p>How do I request services or get additional information?</p> <p>Contact: Local DDA Office and/or your assigned Case/Resource Manager</p>
Aging and Long-Term Support Administration	Family Caregiver Support Program	<p>Available to unpaid caregivers of adults needing care and living in Washington. The person must provide at least 40 hours/week of unpaid care. The care provider must be at least 18 years old.</p> <p>In order to qualify, the person receiving care cannot be on Medicaid.</p>	Funding Source: Older Americans Act Funding Amount: varies based on TCARE assessment . Additionally, each AAA gets an allocation and determines what criteria will be used to distribute the funds. Cost to Participate: Sliding fee scale based on caregiver attestation of income.	Contact: Local Area Agency on Aging
	Washington State Medicaid Transformation Waiver: Medicaid Alternative Care (MAC)	<p>Available to unpaid caregivers at least 18 years of age who provide care to an adult age 55 or older.</p> <p>The person receiving care must live at home, be eligible for Medicaid/Apple Health, meet NF/LOC.</p>	Funding Source: Medicaid Transformation Project Demonstration Funding Amount: Step One: \$250/year; Step Two: \$500/year; Step Three: an average of \$573/month up to a cap of \$3,438/six month period. Cost to Participate: No cost to participate	Contact: Local Area Agency on Aging or Home and Community Services
	Washington State Medicaid Transformation Waiver: Tailored Supports for Older Adults (TSOA)	<p>Available to unpaid caregivers at least 18 years of age who provide care to an adult age 55 or older.</p> <p>Medicaid eligibility is not a requirement. However, income and resources of the person (and their spouse) who receive care is</p>	Funding Source: Medicaid Transportation Project Demonstration	Contact: Local Area Agency on Aging or Home and Community Services

		reviewed and subject to limitations outlined in WACs 182-513-1635 and 182-513-1640 .	<p>Funding Amount: Step One: \$250/year; Step Two: \$500/year; Step Three: an average of \$573/month up to a cap of \$3,438/six month period</p> <p>Cost to Participate: No cost to participate</p>	
Children's Administration	Retention Respite	Licensed foster parents who have a child placed in their home for 20 days of the month, may earn up to two (2) days of respite per month.	<p>Funding Source: Title IV-E funding or state funding</p> <p>Funding Amount: Reimbursement cost is based on the child's current foster level. (Levels 1 and 2 at \$22.44 per/day and Levels 3 and 4 at \$38.76 per day)</p> <p>Cost to Participate: None</p>	Contact: Assigned CA caseworker.
	Child Specific Respite	Licensed foster parents and kinship caregivers with a child placed under the care and custody of CA. The child's social service specialist must specify the need for this respite in the child's case plan.	<p>Funding Source: Title IV-E funding or state funding</p> <p>Funding Amount: Reimbursement cost is based on the child's current foster level. (Levels 1 and 2 at \$22.44 per/day and Levels 3 and 4 at \$38.76 per day; or as approved through an Exceptional Cost Plan approved by the Area Administrator)</p> <p>Cost to Participate: None</p>	Contact: Assigned CA caseworker.
	Exchange Respite	Respite exchanged between licensed foster parents; there is no payment made by CA for this type of respite.	<p>Funding Source: No funding allocated</p> <p>Funding Amount: No funding allocated</p> <p>Cost to Participate: NA</p>	While arrangements are made between licensed caregivers, assigned CA caseworker must be notified of when it is to occur for placement documentation purposes.
	Respite Care Services and/or Foster Care Child Support Aide	This service is established for Contracted Agencies to provide Respite Care Services and/or Foster Care Child Support Aide Services upon approval by DSHS. CA must pre-authorize services.	<p>Funding Source: Title IV-E funding or state funding</p> <p>Funding Amount: Authorized payments are made based on the allocated rate of \$26.00 per hour.</p> <p>Cost to Participate: NA</p>	Contact assigned CA caseworker.